

OALCF Task Cover Sheet

Task Title: Cooking Frozen Foods

Learner Name:	
Date Started:	Date Completed:
Successful Completion: Yes ___ No ___	
Goal Path: Employment__ Apprenticeship__ Secondary School__ Post Secondary__ Independence✓	
Task Description: Read heating directions for a frozen pizza.	
Competency: A: Find and Use Information C: Understand and Use Numbers	Task Group(s): A1: Read Continuous Text A2: Interpret Documents C2: Manage Time
Level Indicators: A1.1: Read brief texts to locate specific details A2.1: Interpret very simple documents to locate specific details C2.1: Measure time and make simple calculations	
Performance Descriptors: see chart on last page	
Materials Required: <ul style="list-style-type: none">• Pen and paper• Frozen Pizza Directions (attached)• Egg Timer	

Instructor preparation: review the tasks with the learner to check understanding.

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You are cooking a frozen pizza for a Friday night dinner. Look at the directions to complete these tasks.

Task 1: List 4 steps you should take before putting the frozen pizza into the oven:




- 1) _____
- 2) _____
- 3) _____
- 4) _____

Task 2: What should you put the frozen pizza on in the oven?

Task 3: Set an egg timer (cooking timer) for the amount of time you should cook the pizza before checking to see if it's done.

Task 4: How will you know that the pizza is cooked completely?

Task 5: According to the baking directions, what should you do once you take the pizza out of the oven?

BAKING DIRECTIONS:	STEP 1:	STEP 2:	STEP 3:
<ul style="list-style-type: none">• Keep pizza frozen prior to baking.• Pre-heat oven to 425 degrees.• Do not eat pizza without baking.• Remove pizza from box, wrapper and cardboard tray.• Place in oven directly on center rack and bake for 9 to 13 minutes or until cheese and crust are a golden brown. Check often, ovens may vary.• Let pizza stand 5 minutes before serving.• Cut, serve & enjoy. <p><small>Note: An internal temperature of 165° F should be achieved in center of pizza.</small></p>	 <p>Preheat oven to 425°</p>	 <p>Place unwrapped pizza on center rack of oven <i>Do not use an insulated sheet/pan.</i></p>	 <p>Bake for 9 to 13 minutes. Pizza is ready to eat when cheese and crust are golden brown</p>

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Answers:

Task 1: Preheat oven to 425 degrees
remove pizza from box
remove pizza from wrapper
remove pizza from cardboard tray

Task 2: Place pizza directly on the oven rack

Task 3: Observe learner setting an egg-time to 9minutes (shortest amount of cooking time)

Task 4: Cheese and crust will be golden brown

Task 5: Let the pizza stand for 5 minutes before serving

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Performance Descriptors		Needs Work	Completes task with support from practitioner	Completes task independently
A1.1	<ul style="list-style-type: none"> Reads short texts to locate a single piece of information 			
	<ul style="list-style-type: none"> Decodes words and makes meaning of sentences in a single text 			
	<ul style="list-style-type: none"> Follows simple, straightforward instructional texts 			
A2.1	<ul style="list-style-type: none"> Scans to locate specific details 			
	<ul style="list-style-type: none"> Interprets brief text and common symbols 			
	<ul style="list-style-type: none"> Locates specific details in simple documents, such as labels and signs 			
	<ul style="list-style-type: none"> Identifies how lists are organized 			
C2.1:	<ul style="list-style-type: none"> Reads time on analog and digital clocks 			
	<ul style="list-style-type: none"> Identifies and performs required operation 			
	<ul style="list-style-type: none"> Measures time using common instruments, such as clocks, timers and stopwatches 			
	<ul style="list-style-type: none"> Chooses appropriate units of measurement (e.g. hours, minutes, seconds) 			
	<ul style="list-style-type: none"> Follows apparent steps to reach solutions 			

This task: was successfully completed ___ needs to be tried again ___

Learner Comments

Instructor (print)

Learner Signature