OALCF Task Cover Sheet

Task Title: Create a shopping list and budget using grocery store flyers

Learner Name:	
Date Started:	**Date Completed:**
Successful Completion: Yes___ No___	
Goal Path: Employment___ Apprenticeship___ Secondary School___ Post Secondary___ Independence✓	
Task Description: Planning ahead by making lists and budget makes it easier to organize a household. In this task the learner will make a grocery list and budget using store flyers.	
Competency: A. Find and Use Information B. Communicate Ideas and Information C. Understand and Use Numbers D. Use Digital Technology	**Task Group(s):** A2: Interpret documents B3: Complete and create documents C1: Manage money n/a
Level Indicators: A2.1: Interpret very simple documents to locate specific information B3.2a: Use layout to determine where to make entries in simple documents C1.1: Compare costs and make simple calculations C1.2: Make low-level inferences to calculate costs and expenses that may include rates such as taxes and discounts D.2: Perform well-defined, multi-step digital tasks	
Performance Descriptors: see chart on last page	
Materials Required: • Food Basic grocery store flyer or flyer of choice available at www.flyerland.ca • Grocery List Template • Calculator • Pen/paper	

Instructor Preparation: Provide the learner with a print out of the Food Basics flyer provided or go to www.flyerland and print a flyer from a store where the learner normally shops (you can also have the learner bring in a flyer from a local grocery store).

Provide the learner with a calculator.

The learner should have participated in math lessons and be comfortable with adding and subtracting with numbers.

Task Title: Create a shopping list and budget using grocery store flyers

Planning ahead by making lists and budget makes it easier to organize a household. For this task you will be working with a budget of $150.

Task 1: Scan the flyers and circle the items you need to buy for groceries for one week.

Task 2: Using the Grocery List Template, list all the items you circled in the flyer in the Item column and enter the individual price of each item in the Price column.

Task 3: In the Quantity column, enter the how many of each item you need to buy.

Task 4: In rows where you have only the 1 under the Quantity column, copy the price from the Price column into the Total Price column.

Task 5: In rows where you have more than 1 in the Quantity column, multiply the Price and the Quantity to get the amount to put in the Total Price column.

Task 6: Add everything in the Total Price column and put that amount in the Subtotal line.

Task 7: It is hard to know the total tax because some items have HST and some don't. A good rule of thumb is to estimate 10% of the total for tax. Calculate 10% of the amount listed in the Subtotal line. Enter that amount in the Tax line.

Task 8: Add the amount in the Subtotal line with the amount in the Tax line. Enter that amount in the Total line.

Task 9: Subtract the amount in the Total line from the $150 amount in the Budget line. Enter that amount in the Balance line.

Task 10: If your balance is negative then you have listed more items than you can afford in your budget. Delete items from your list and repeat Tasks 6-10 until you have a positive balance. If you have a positive balance you can choose to add more items to your list or bank the balance and save the money for something else.

food
Basics
always more for less!
PRIMO
PRIMO
PRIMO
PRIMO
Spaghetti
WOW!
SAVE UP TO $1.09
.88 EA.
WOW!
SAVE $2.59
1.88 EA.
Gusto Italiano
McCain
ULTRA THIN
ULTRA MINCE
WOW!
SAVE $2.11
2.88 EA.
WOW!
2/$5
WOW!
SAVE UP TO $3.11/LB
1.88 /LB
Wonderful
PISTACHIOS
Low Prices start from Friday December 7th to Thursday December 13th, 2012

PRICE SQUEEZE
NOW OVER 300 NEW
We add over 300 NEW LOWER PRICES every week.
GoldSeal
Solid White Tuna
SAVE $1.00
1.99
KRAFT
CAESAR
CESAR
RANCHER'S
CAMPAGNE
SAVE 80¢
1.99
CORN FLAKES
SAVE $1.00
2.99
CLAMATO
V8 Fusion
SAVE 70¢
2.99
Dill Pickles
SAVE $2.00
1.99
Black Diamond
SAVE $1.00
2.99
FESTIVE FAVO
Crescents Croissants
SAVE 64¢
1.25
CoolWhip
SAVE 50¢
2.49
SAVE 12¢
.77
SAVE 31¢
.88
SAVE 50¢
1.49
SAVE 50¢
2.99
SAVE 20¢
1.99
SAVE 30¢
2.99
SAVE 50¢
2.49
SAVE $2.00
2.99

LOWER PRICES
VERY WEEK!

Just some of the 1,000'S you'll always find in-store.

OCEAN SPRAY CRANBERRY OR FRUIT COCKTAILS
SAVE UP TO $1.50
2.49 EACH
NEW LOWER PRICE! PRICE SQUEEZE

LAY'S POTATO CHIPS 270 G
SPECIAL K CRACKER CHIPS 153 G, SELECTED VARIETIES
SAVE 98¢ WHEN YOU BUY 2
2/$5
NEW LOWER PRICE! PRICE SQUEEZE

MARS BARS OR CELLO
SAVE UP TO 60¢
2.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

TROPICANA ORANGE JUICE OR JUICE BLENDS 1.75 L
SAVE UP TO $1.20
3.49 EACH
NEW LOWER PRICE! PRICE SQUEEZE

KRAFT SHREDDED CHEESE
SAVE $1.20
5.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SELECTION ALL-PURPOSE FLOUR 10 KG
SAVE $2.78
6.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

URITES

SAVE 50¢
2.49 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $2.80
2.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $1.00
2.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $1.50
2.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $2.22
4.77 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE $2.00
5.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $1.20
3.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE UP TO $1.60
5.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SAVE 80¢
6.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

SPECIAL BUY
9.49 EACH
NEW LOWER PRICE! PRICE SQUEEZE

PRICE SQUEEZE FRESHER PRICES THAN EVER!

SEEDLESS CUCUMBERS
.97 EA.
NEW LOWER PRICE! PRICE SQUEEZE

HOTHOUSE TOMATOES
PRODUCT OF MEXICO, NO. 1 GRADE
.97 /LB
NEW LOWER PRICE! PRICE SQUEEZE

ROMAINE HEARTS
MINI SEEDLESS WATERMELONS
AVOCADOS
2/$5
NEW LOWER PRICE! PRICE SQUEEZE

BLACKBERRIES
2/$3
NEW LOWER PRICE! PRICE SQUEEZE

GOLDEN RIPE PINEAPPLES
1.67 EACH
NEW LOWER PRICE! PRICE SQUEEZE

4" FROSTY FERNS
3.97 EACH

4" POINSETTIAS
4.88 EACH

4" MINI ROSES
2/$3

BAKERY NEEDS

12'S
1.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

2/$5
NEW LOWER PRICE! PRICE SQUEEZE

1.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

12'S
2.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

$5 EACH
NEW LOWER PRICE! PRICE SQUEEZE

FRESHER PRICES THAN EVER!

always more for less!

BONELESS BLADE ON CROSS RIB ROASTS OR FAMILY PACK STEAKS
SAVE $1.39/LB
4.99 /LB
NEW LOWER PRICE! PRICE SQUEEZE

PRIME BONELESS SKINLESS CHICKEN BREAST OR THIGHS
FAMILY PACK
SAVE UP TO $4.39/LB
5.99 /LB
NEW LOWER PRICE! PRICE SQUEEZE

JOHNSONVILLE BREAKFAST SAUSAGES
BONELESS CURED PORK LOIN ROAST ROLLED IN CORNMEAL
SAVE UP TO $1.50 EA./LB
2.99 EA./LB
NEW LOWER PRICE! PRICE SQUEEZE

FRESH WHOLE CHICKEN
SAVE $2.00
5.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

3.79 /KG
3.99 /KG
5.99 /KG

3.99 EACH
3.99 EACH
3.99 EACH

3.49 EACH
4.99 EACH
NEW
6.99 EACH

$5
$10
$10

NEW PIZZA OF THE MONTH
GREAT VALUE
$7 EACH

RED DELICIOUS APPLES
SUNBURST TANGERINES
BROCCOLI
WOW!
.88 EA./LB

blueberry cereal bars
DIPPS Chocolate Chip
QUAKER GRANOLA BARS
SELECTION CEREAL BARS
SELECTION FRUIT CUPS
WOW!
SAVE UP TO $1.12
1.67 EACH
NEW LOWER PRICE! PRICE SQUEEZE

NESTLÉ PURE LIFE NATURAL SPRING WATER
WOW!
SAVE $2.05
2.44 EACH
NEW LOWER PRICE! PRICE SQUEEZE

VILLAGGIO ITALIAN STYLE BREAD
CRUSTINI BUNS
SAUSAGE BUNS
WOW!
SAVE $1.20
1.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

LACTANTIA 5% OR 10% CREAM
LACTANTIA 18% OR 35% CREAM
IRRESISTIBLES REAL WHIPPED CREAM
WOW!
SAVE UP TO $1.50
1.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

WOW!
SAVE $5.00
10.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE
QUALITY STREET

FRASER FIR 6 - 8'

HIGH LINER BREADED SIGNATURE PACKS
WOW!
SAVE $5.00
6.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

9.97

FRASER FIR 6 - 8' CHRISTMAS TREES
WOW!
19.99 EACH
NEW LOWER PRICE! PRICE SQUEEZE

Grocery List Template

Item	Price	Quantity	Total Price
		Subtotal	
		Tax (estimate 10%)	
		Total	
		Budget	**$150**
		Balance	

Task Title: Create a shopping list and budget using grocery store flyers

Performance Descriptors		Needs Work	Completes task with support from practitioner	Completes task independently
A2.1	• scans to locate specific details			
	• interprets brief text and common symbols			
	• locates specific details in simple documents, such as labels and signs			
B3.2a	• uses layout to determine where to make entries			
	• begins to make some inferences to decide what information is needed, where and how to enter the information			
C1.1	• adds, subtracts, multiplies and divides whole numbers and decimals			
	• recognizes values in number and word format			
	• understands numerical order			
	• begins to interpret integers, such as in a negative bank balance			
	• identifies and performs required operation			
	• follows apparent steps to reach solutions			
	• interprets and represents costs using monetary symbols and decimals			
	• uses strategies to check accuracy (e.g. estimating, using a calculator, repeating a calculation, using the reverse operation)			
C1.2	• calculates using numbers expressed as whole numbers, fractions, decimals, percentages and integers			
	• calculates percentages			
	• interprets and applies rates (e.g. $/kg, $/1)			
	• chooses and performs required operation(s); may make inferences to identify required operation(s)			

	• selects appropriate steps to reach solutions			
	• represents costs and rates using monetary symbols, decimals and percentages			
	• uses strategies to check accuracy (e.g. estimating, using a calculator, repeating a calculation, using the reverse operation)			
D.2	• selects and follows appropriate steps to complete tasks			
	• locates and recognizes functions and commands			

This task: was successfully completed___ needs to be tried again___

Learner Comments

_____ _____

Instructor (print) **Learner Signature**