

Task Title: Dream Journal

# OALCF Cover Sheet – Practitioner Copy

**Learner Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Started: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Goal Path:** | Employment | Apprenticeship |
| Secondary School | Post Secondary | Independence |

**Successful Completion:**  Yes No

**Task Description:** The learner will keep a dream journal for five days and will write a paragraph describing one of their dreams.

**Main Competency/Task Group/Level Indicator:**

* Communicate Ideas and Information/Write continuous text/B2.2
* Communicate Ideas and Information/Complete and create documents/B3.1a

**Materials Required:**

* Pen/pencil and paper and/or digital device

# Notes for Instructors/Practitioners

Prior to presenting this task set, go over the following with the learners:

A dream is loosely defined as “a succession of images, thoughts, or emotions passing through the mind during sleep”. The best way to remember your dreams is to keep paper and a pencil near your bed and write about the dream immediately after you wake. Some things to make note of are:

* Who was in my dream?
* What events happened in my dream? Were they related events or separate?
* When did my dream events happen?
* Where was I in the dream?
* What sights, smells, tastes, feelings were present in my dream?

# Learner Information

Keeping track of your dreams can be an interesting form of self-discovery.

Note: Though everyone dreams, some people are unable to remember dreams at all. If you do not remember dreams, ask your instructor for a different task.

Scan the “Dream Journal Chart”.

**Dream Journal Chart**

|  |
| --- |
| **Day 1 Dream Notes** |
|  |
| **Day 2 Dream Notes** |
|  |
| **Day 3 Dream Notes** |
|  |

|  |
| --- |
| **Day 4 Dream Notes** |
|  |
| **Day 5 Dream Notes** |
|  |

# Work Sheet

**Task 1: Fill in the Dream Journal Chart for the next five days.**

Answer: No written response required here.

Task completed: Yes:

**Task 2: Write a paragraph describing one of the dreams you had.**

Answer:

# Answers

Answers will vary.

# Performance Descriptors

| Levels | Performance Descriptors | Needs Work | Completes task with support from practitioner | Completes task independently |
| --- | --- | --- | --- | --- |
| B2.2 | writes texts to explain and describe |  |  |  |
|  | conveys intended meaning on familiar topics for a limited range of purposes and audiences |  |  |  |
|  | begins to sequence writing with some attention to organizing principles (e.g. time, importance) |  |  |  |
|  | uses limited range of vocabulary and punctuation appropriate to the task |  |  |  |
|  | begins to select words and tone appropriate to the task |  |  |  |
|  | begins to organize writing to communicate effectively |  |  |  |
| B3.1a | makes a direct match between what is requested and what is entered |  |  |  |
|  | makes entries using familiar vocabulary |  |  |  |

This task: Was successfully completed Needs to be tried again

Learner Comments:

Instructor (print): Learner (print):

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